

WHĀNAU VIOLENCE & COVID-19 COMMUNITY COMMUNICATION

TE TOI
AHORANGI



Protect Whānau, Protect Whakapapa

With the arrival of COVID 19 in Aotearoa, going into lockdown has brought many challenges, worries and fears for mokopuna, whānau and our communities. For some of our whānau COVID 19 is an added stress on top of an already stressful and unsafe situation.

Our tikanga and traditional values such as Aroha, whanaungatanga and manaakitanga contributes to the wellbeing of our whānau and are key to whānau, mokopuna and our collective overcoming whānau violence and being able to flourish. Within Te Ao Māori, we strive to protect our whānau and protect our whakapapa. Acts of violation breach the mana and tapu of the individual, whānau and their whakapapa. It is important that we all play our roles which Protects Whānau and Protects Whakapapa.

Stay Connected

- Stay connected daily or weekly via phone, video call or text
- Avoid raising concerns by text or social media messaging unless you're certain that it is safe to do so
- If you notice decreased contact or abnormal behaviour from your whānau member, do not assume that it is by their own choice, or a natural result of the crisis. It may be due to the chaos of the new situation or the active interference of the abuser

Staying connected give's our whānau the opportunity to open up if they need to and when they are ready.

Kōrero Awhi

- Where safe to do so, ask questions about what is the greatest worry or stress related COVID 19 issue and the challenges it has brought to the whānau situation.
- Share knowledge of support services that are available to whānau (Helplines, Social Services)
- Remind your whānau that their safety is a priority and if they need to leave then you are there to help – where possible and safe; seek support through other whānau members or community resources.
- Having a 'safe word' that someone can message to you is one way of having a plan that you can be part of if your whanau member feels unsafe or threatened.

Encouraging kōrero offers a space to explore options, break down barriers and start a process of restoring the Mana and Tapu.

Whānau Focused

- Uphold the Tapu, Mana and tikanga of your whānau member. They will know what they need and what will work best for them.
- Listen to your whānau member with a judgement free attitude. Whānau may feel whakama about their situation.
- Remind whānau you're there to support their needs and wants
- Remind them that violence within whānau is not part of Te Ao Māori

Safety of whānau and mokopuna is paramount, where needed seek other support services (Example: Police 111) if you notice heighten risk or have concerns for whānau safety.



TOI TE ORA
PUBLIC HEALTH
Bay of Plenty + Lakes Districts



BAY OF PLENTY
DISTRICT HEALTH BOARD
HAUORA A TOI



Local Resources:

- Tauranga Women's Refuge 24/7 Helpline – 0800 86 733 843
- Te Rūnanga o Ngāti Ranginui Iwi – 07 777 0410
- Tautoko Mai Sexual Harm Support – 0800 227 233 or 07 577 0512
- Tauranga Living Without Violence – 0800 577 003 or 07 577 9297
- Family Works Northern (Whakatane and Tauranga) – 07 575 9709
- Whanau Awhina Women's Refuge 24 hour Crisis Line - 0800 733 843
- Safewoman Safefamily, Support persons – Facebook or phone – 0220363051
- Safeman Safefamily, Support person - Facebook or phone - 0225743401
- Kawerau Community Corrections - Katishe McCauley – 0272651038
katishe.mccauley@corrections.govt.nz
- Whakaatu Whanaunga Trust – 07 3155174 – 0274461161 tina.peters@wwt.org.nz
- Tuwharetoa ki Kawerau Hauora – Ph: 0800 456 459 After Hours Crisis Team: 0800 774 545
- Te Tohu o Te Ora o Ngāti Awa - 0800 525 009
- Te Puna Ora o Mataatua Charitable Trust – 0800 628 228
- Tuhoe Hauora – 07 312 9874
- Whakatohea Māori Trust Board – 07 315 6150

National resources:

- Women's Refuge crisis (link is external) line | 0800 733 843 - 24 hours
- Family violence information line (link is external) | 0800 456 450
- Shine National Helpline (link is external) | 0508 744 633 - 9am to 11pm
- Shakti - for migrant and refugee women | 0800 742 584 - 24 hours
- Elder Abuse Helpline | 0800 32 668 65 - 24 hours
- Hey Bro helpline - supporting men to be free from violence | 0800 HeyBro (439 276)
- Hohou te rongo kahukura - outing violence (link is external) - building rainbow communities free from violence
- You, me, us - promoting healthy queer, trans and takatāpui relationships
- <http://etuwhanau.org.nz/>
- <https://nzfvc.org.nz/covid-19>

